

Fall Dental News

September 8, 2009

In This Issue

- [Before & After](#)
- [Meet One of Our Team: Dr. Shawn Monga](#)
- [Dental Questions from Our Patients](#)
- [Before & After: How Invisalign Helps Real People](#)
- [Showdown: Electric vs. Manual Toothbrushes](#)
- [Why Do I Need Dental X-Rays?](#)

Meet One of Our Team: Dr. Shawn Monga



Dr. Shawn Monga completed a Bachelor of Science degree at McMaster University, followed by his Doctor of Dental Surgery degree from the University of Toronto in 2004. Having grown up in Mississauga, Dr. Monga attended high school at Mentor College where he received the Governor General's Bronze Medal for outstanding academic

achievement amongst his classmates. Prior to deciding on a career in dentistry, Dr. Monga apprenticed under the direction of Dr. Narang, an experience that confirmed his interest in pursuing his talents in the field.

Always seeking to expand his inventory of dental knowledge and techniques, Dr. Monga decided on furthering his education through a one-year, optional General Practice Residency Program at Montefiore Medical Centre emphasizing oral surgeries and paediatric dentistry. He continues to sharpen his skills through various continuing education and is a member of the Toronto Academy of Cosmetic Dentistry, the South Asian Dental Association, and the Ontario Dental Association.

Dr. Monga enjoys all facets of dentistry. In particular, he finds the ability to restore a smile and educate

Before & After



Dental Cosmetic Restorative treatments can involve any one of, or a

combination of the following procedures, which we do at Dr. Arun Narang & Associates:

- In-office tooth whitening in 1 hour
- Microderm abrasion to remove heavy stains
- Bonding with composite resins
- Porcelain Veneers
- Crowns- metal free/porcelain & semi-precious metals
- Ceramic Onlays in one appointment
- Bridges & Implants
- Gingival recountouring- re-shaping of the crests of the gums
- Custom colour matching

We always recommend our patients to be diligent with their dental hygiene appointments, especially when major restorative work has been completed.

Contact us for a Free Consultation at 905-897-1166 or appointments@smilebydesign.com

[Dr. Arun Narang & Associates >](#)

Quick Links

patients on the relationship between good oral hygiene and overall health and well being to be the most rewarding.

Dental Questions from Our Patients



Q: To: Dr. Narang: My 8 year old child fell off of her bike and broke one of her front teeth. I think it is a permanent tooth. What can be done?



Dr. Narang Answers:
As a rule, with accidents such as this, it is best to have the dentist examine the affected

areas, whether it is your child's primary teeth or permanent teeth.

Even if there is no obvious trauma, there may be underlying concerns that may need treatment. The dentist would need to examine the tooth and take an x-ray to check if there is infection and nerve involvement.

If the damage is causing an infection of the nerve then root canal therapy may need to be performed. If the damage does not show infection of the nerve then the tooth would be filled with a tooth coloured restoration.

If the size of the fracture is fairly large, a filling would be just an intermediate solution. In this case, it would be likely that the tooth would need a crown in their adult life.

After the immediate emergency is resolved, it is very important that this tooth is observed regularly by the dentist, usually at the child's 6 month dental hygiene appointments when the dentist is able to do an exam and an x-ray can be taken to see the nerve.

The trauma of the tooth may not manifest until a few years later. Additional treatment may be needed later in their adult life.

If you have a question for Dr. Narang or one of our dental team please email or call us:
appointments@smilebydesign.com or 905-897-1166, or

[Visit our web site >>](#)

[Ontario Dental Association >>](#)

[Toronto Academy of Cosmetic Dentists >>](#)

[Dental Implants >>](#)

[Rogers Community TV >>](#)

Affiliations



[ADA](#)



[American Academy of Cosmetic Dentistry](#)



[BriteSmile®](#)



[CEREC](#)

[Invisalign® Premier Provider™](#)

book a no charge consultation.

[Dr, Narang & Associates Smile Gallery >](#)

Before & After: How Invisalign Helps Real People



Check out three case studies of real patients, find out why they chose Invisalign, and see before-and-after photos of their teeth.

[Take a look >](#)

Showdown: Electric vs. Manual Toothbrushes



Are electric toothbrushes any better than the old standby? We take a look at the difference, and suggest tips to help you decide which is right for you.

[Electric or not >](#)

Why Do I Need Dental X-Rays?



Find out the benefits of having regular dental x-rays. Learn what kind of problems only x-rays can identify early on, and potentially save you from future difficulties.

[X-rays to the rescue >](#)

Email: appointments@smilebydesign.com
Phone: 905-897-1166
Web: <http://www.smilebydesign.com>

4-3038 Hurontario Street, Mississauga, Ontario,
Canada
400-1344 Cornwall Road, Oakville, Ontario,
Canada